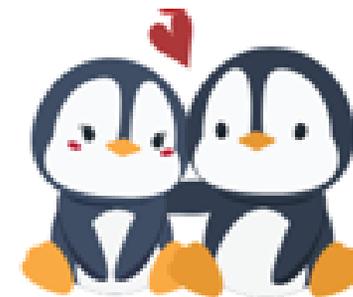


2025



A Meal Program for Older Adults living in the RM of Macdonald

SUNDAY                      MONDAY                      TUESDAY                      WEDNESDAY                      THURSDAY                      FRIDAY                      SATURDAY

						1
2	3 La Salle @ 11:45 <b>Valentine's meal</b> <b>Frauds and Scams</b>	4	5 Starbuck @11:45 <b>Shepherd's Pie</b> <b>Ask the Pharmacist</b>	6 Sanford @11:45 <b>Lasagna</b>	7	8
9	10 Brunkild@ 11:45 <b>Valentine's meal</b> <b>Manitoba Birds</b>	11	12 Starbuck @11:45 <b>Valentine's meal</b>	13 Sanford @ 11:45 <b>Valentine's meal</b> <b>Ask the pharmacist</b>	14 Valentine's Day	15
16	17 No Meal <b>Louis Riel Day</b>	18	19 Starbuck @11:45 <b>Chili</b>	20 Sanford @ 11:45 <b>Hot Pork Sandwich</b>	21	22
23	24 La Salle @ 11:45 <b>Chili</b>	25	26 Starbuck @11:45 <b>Pulled Pork</b>	27 Sanford @ 11:45 <b>Soup and Sandwich</b>	28	

Please call Leanne at 204-736-2255 to sign up no later a couple days before each week's meals.  
**We will try to accommodate special dietary requests.**                      **Please call ahead to confirm.**  
 Menu subject to change.                      **\$10 per person**